

## **AgLink – Skills Academy: Training Capability Statement**

*Organisation:* Ariston Consulting Solutions Pty Ltd.

*Key contact:* Katerina Papamarkou (Director/Principal Psychologist)

[katerina@ariston.net.au](mailto:katerina@ariston.net.au)

0438117137

Melbourne-based

---

### *Education & Qualifications:*

- Registered Psychologist & Member, Australian Psychological Society
- Bachelor of Science (Psychology), University of Melbourne
- B Ed (Counselling) - Post Graduate Degree, La Trobe University
- Mediation Certificate, Dispute Settlement Centre Victoria
- Diploma of Solution Oriented Hypnosis, Ampersand Australia

---

### *Programs & Services:*

- Assessment Services for leadership/executive development, staff development, recruitment & selection, succession planning (trained & accredited in many HR and psychometric assessment tools)
- Leadership/Executive Coaching
- Developmental Coaching for performance improvement
- Career Transition/Outplacement Services
- Change Management
- Mediation Services
- Team Development
- Learning & Development Programs
- Workplace Counselling & Support Services, including critical incident and trauma support interventions
- Strategic HR & OD Consultancy including culture reviews

### Facilitation & Workshops (sample of workshops previously facilitated):

- Developing & Maintaining Resilience
- Moving Forward with Change/Managing Change Successfully
- Enhancing Well Being/ Work Life Balance
- Effective Communication (& Assertiveness Training)
- Dealing with Difficult People
- Managing Priorities
- Effective Leadership / Driving a Culture of High Achievement
- Emerging Leaders Development
- The Art of Influencing
- Navigating the Political Landscape
- Managing Mental Health Issues in the Workplace

- Positive Thinking Mastery – Rethink Failure & Regain Confidence
- Turning Technical Skills into Sales
- Master your Career / Career Development
- Building our Future (Team Development)
- Developing a Culture of Supportive Leadership (Leadership Team Development)
- Coping with Grief (& Trauma)
- Managing Boundaries
- Code of Conduct/ Ethics & Professional Integrity Challenges
- Managing Redundancies Successfully

---

### *Introduction & Biography:*

A registered psychologist, Katerina has over 25 years of experience, providing a broad range of key psychological, human resource and organizational development solutions.

In 2010, Katerina set up a niche consulting practice, Ariston Consulting Solutions that has been successfully providing a range of services to both individuals and corporate clients. Throughout her career Katerina has delivered many tailored programs and services across many organisational sectors (government, not for profit and private) including Agribusiness, Banking & Finance, Manufacturing, Education, Mining, Professional Services, Community Services, Healthcare, IT & Telecommunications, Hospitality, Transport & Construction.

Previous to Ariston Consulting Solutions, Katerina's roles have included Senior Consultant Psychologist at Chandler Macleod, State Manager at Corpsych (now Davidson Trahaire Corpsych) and early in her career she worked as a school counsellor and has also ran a successful private practice.

A highly experienced and dynamic practitioner, Katerina has worked with staff across all levels of an organisation from executive to blue collar, delivering tailored and successful projects and services using evidence based, solutions focussed approaches that make a tangible and positive difference to people in the workplace and that are aligned to client organisation objectives.

---

### *Courses Conducted with AgLink:*

- Turning Technical Skills into Sales, Agronomy Southern Forum, January 2018
- Turning Technical Skills into Sales, Agronomy Northern Forum, March 2018
- Driving a Culture of High Achievement, Finance Link, October 2017
- Managing Priorities & Work Life Balance, Finance Link, October 2016

